



PSYCHIATRIC & PSYCHOLOGICAL
CONSULTANT SERVICES

14 DEVONSHIRE PLACE

Psychiatrists, Psychologists & Qualifications

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PSYCHIATRISTS

Dr Martin Andrew¹

Qualifications: MBChB, BSc(Hons), MSc(Psych), DRCOG, MRCPsych.

Special Interests: General adult psychiatry, psychogeriatric, cancer issues.

Dr Massimo Bernini²

Qualifications: MD Verona, MRCPsych.

Special Interests: General adult psychiatry, bipolar affective disorder, mood disorder, and emotionally unstable personality disorder (borderline personality disorder). (Italian speaking).

Dr Michael Bourke³

Qualifications: FRCPsych (UK), FRCP (Can), FICPsych (IRL). *Availability:* Mon - Fri

Special Interests: General Psychiatry, Liaison Psychiatry – Anxiety, Depression, Adjustment in Medical Populations e.g. Oncology, Cardiology, Orthopaedics and Eating Disorders, Employment and PHI Reviews, Medico Legal (Personal injury)

Dr Jona Lewin⁴

Qualifications: MD MPhil, FRCPsych.

Special Interests: General adult and perinatal psychiatry (German speaking).

Professor Anthony Maden⁵

Qualifications: MBBS, FRCPsych, MD.

Special Interests: Forensic psychiatry, PTSD.

Dr Jason Maratos⁶

Qualifications: DPM, MPhil MInst GA FRCPsych.

Special Interests: Child and adolescent mental health, eating disorders, ADD, psychotherapy, group analysis. (Greek speaking).

Dr Celia McElwee⁷

Qualifications: MB ChB BAO MRCPsych

Special Interests: Child and adolescent psychiatry, neuro-psychiatry & Learning Disability & looked-after children.

Dr Morgan O'Connell⁸

Qualifications: FRCPsych.

Special Interests: General psychiatry, PTSD.

Dr Maria Papanastassiou⁹

Qualifications: MD, MRCPsych, Dip psychoanalytic psychotherapy Tavistock Clinic, MSc Group

Special Interests: General Adult Psychiatry, PTSD, Personality Disorders, Group Analysis, Individual Psychotherapy, Medico-legal. (Greek speaking).

Dr Maja Ranger¹⁰

Qualifications: MD, MRCPsych.

Special Interests: General adult, personality disorders, drug/alcohol related disorder, adult ADHD. (Serbian speaking).

Dr Gavin Tennent¹¹

Qualifications: DM, FRCPsych, Dip Criminal.

Special Interests: Forensic psychiatry, general psychiatry.

Dr Pdraig Wright¹²

Qualifications: RPN, LRCP&SI, LM, MB, BAO, MRCPsych, MD.

Special Interests: General adult psychiatry, neuropsychiatry, employment psychiatry (suitability for employment, discrimination, injury at work, mentally ill health care professionals), psychopharmacology, medico-legal (personal injury), and adult ADHD.

Associate Consultants:

Dr Jonathan Stewart¹³

Qualifications: MBChB, Dip Anaesthesia, FRCA, MFPM, Dip Pharm Med

Approach used: Clinical consultations, therapy review, CBT. NHS post: Consultant Pain Management, St Mary's Hospital, London.

Special Interests: Chronic pain – neuropathic, somatic, visceral; chronic lower back pain; fibromyalgia; repetitive strain injury; multi-disciplinary pain management back to 'normal life'.

Areas of expertise: Neuropathic pain, back pain.

PSYCHOLOGISTS

Mr Anthony P. Bedford¹⁴

Chairman – PPCS Limited

Approach Used: Biological/Behavioural/CBT.

Qualifications: MA, MPhil, AFBPsS, C Psychol.

Special Interests: Medico-Legal Assessment (PI), Assessment for Treatment.

Areas of Expertise: General Adult, Forensic, Adolescent.

Dr Jasmine T Chin¹⁵

Qualifications: BSc (Hon) Psychology; Psych D.

Special Interests: Clinical Psychology; Chartered Psychol. (BPS); includes membership of Faculty for Psychosis & Complex Mental Health, Faculty For Race & Culture and Holistic SIG); Foundation Level Systemic Therapy; Member of HPC

Special Interests: General Adult (anxiety, depression, bipolar, anger), severe Mental Health difficulties including psychosis, parenting, emotional/behavioural difficulties in children, parenting multiple births, cross-cultural psychology, holistic approaches to mental health, systemic therapy.

Areas of Expertise: General Adult, Parental Mental Health, Family Work

Mrs Tamara Cilliers¹⁶

Approach Used: CBT, Schema Therapy, Integrative.

Qualifications: MA in Clinical Psychology, Chartered Clinical Psychologist.

Special Interests: Abuse, Anger, Anxiety Disorders, Bereavement, Bipolar, CBT, Clinical Depression, Conflict at Work, Corporate Stress, Depression, Mood Disorder, OCD, Personality Disorder, Phobias, PTSD, Relationship Issues, Stress, Suicide, Work-related Issues.

Areas of Expertise: General Adult, Obsessive-Compulsive Disorder, Anger issues.

Ms Fiona Dunn-Lowes¹⁷

Qualifications: BA(Hons) Psychology, MSc

Special Interests: Clinical Psychology. Chartered Consultant Clinical Psychology. HPC Registered. Member of Clinical Psychology Division of BPS. Member of BACP, EMDR trained, Senior Practitioner trained

in Schema Therapy.

Special interests: Substance misuse, PTSD, eating disorders, general adult mental health including depression, anxiety, OCD, phobias etc., Psychology in the creative industries.

Approach used: Schema Focussed, CBT, Cognitive, Integrative, EMDR.

Other posts held: Consultant Clinical Psychologist in NHS Psychology Dept. Consultant Clinical Psychologist in London Drug Treatment Service.

Mr Daniel Friedland¹⁸

Approach Used: Neurorehabilitation, Cognitive Behavioural Therapy.

Qualifications: MA in Clinical Psychology, Chartered Clinical Psychologist.

Special Interests: Neuropsychology, Brain Injuries.

Areas of Expertise: Neuropsychology, Cognitive assessments.

Mrs Julie Henry¹⁹

Approach Used: Integrative relational approach including CBT, Psychodynamic transference relationship and humanistic person-centred approach.

Qualifications: BSc (Hons) Psychology, Diploma in Counselling Psychology, MSc Counselling Psychology and Diploma in the Practice of Counselling Psychology, Chartered with BPS C Psychol.

Special Interests: Relationship difficulties, stress, anxiety and burn out. Work related problems, bereavement, life coaching, eating disorders, range of developmental issues.

Areas of Expertise: Stress in the work place, post traumatic stress working with young adults, cultural issues. Depression and executive burn out. Working with personality and relationships. Women issues.

PSYCHOLOGISTS *continued*

Mr Matthew Irving ²⁰

Approach Used: CBT, CAT, EMDR.

Qualifications: BSc Psychology, MSc Counselling Psychology, EMDR certification, C Psychol, Member of BPS and HPC.

Special Interests: Performance Anxiety, Addictions.

Areas of Expertise: Addictions, work-related issues, depression, trauma, addiction and performance anxiety.

Mrs Barbara Levin ²¹

Approach Used: Integrative, Eclectic, CBT, Clinical Hypnotherapy. Systemic Therapy.

Qualifications: BA Hons MPhil (Clin.Psych) AFBPsS C Psychol. Chartered Consultant Clinical Psychologist HPC Registered.

Special Interests: Clinical Depression, OCD, Generalised Anxiety, Phobias, PTSD, Psychosomatic symptoms

Areas of Expertise: All the above. Partner and Family Therapy.

Dr Nicole MacLennan ²²

(now seeing PPCS clients in Woking)

Approach Used: CBT/ Solution focused, Psychodynamic. Hypnotherapy – medical hypnoanalysis

Qualifications: BSc (Hons) (Applied Psychology), MSc, PhD.

Special Interests: Analytical hypnotherapy.

Areas of Expertise: General mental health difficulties, anxiety and panic, PTSD, pain management, adult survivors of child abuse, eating disorders, addictions, anger management, couple therapy and family therapy.

Dr Bradley Mann ²³

Approach Used: CBT, Schema Therapy.

Qualifications: D Clin Psych, BSc.

Special Interests: Addictions, Bi-polar, CBT, Clinical Depression, Cognitive Assessments, Depression, Drugs, Alcohol, Forensic Psychology, Medico-Legal, OCD, Personality Disorders, Phobias, PTSD, Schizophrenia, serious mental health issues, Suicide and Trauma.

Areas of Expertise: Forensic Psychologist/ Neuropsychology.

Dr Guy Moss ²⁴

Approach Used: CBT– Individual and Group, schema-focused therapy, solution-focused therapy, interpersonal psychotherapy, crisis management, trauma debriefing, couple and sexual therapy, clinical hypnosis, family therapy.

Qualifications: Bsc (Hons) Psych, Master of Clinical Psych (MCLinPsych), Doctor of Psych (DPsych).

Special Interests: Anxiety and mood disorders, anger management problems, addictive/ impulsive behaviour, martial/relationship difficulties, and various stress-related.

Areas of Expertise: See above.

Dr N Soren Petter ²⁵

Approach Used: CBT, Solution-focused, Analytical, Coaching.

Qualifications: BSc(Hons), MA Couns Psych, Post MADip Psych, C Psychol, PgDipExPsych, UKCP, DrPsych, Member of the HPC, BPS, UKCP, UPCA, NAPICU. PPS member, and member of the British Psychological Society/Health Professional Council.

Areas of Expertise: Severe and enduring mental health problems, both with in-patients and out-patients. Expertise in individual and group interventions for sexual compulsivity and addiction.

Special Interests: Relationship difficulties, loss and bereavement, trauma, anxiety/stress/crisis, obsessive behaviour, depression and mood disorders, confronting terminal illness and life-changing diseases. Conflict at work, and loss of meaning in one's life.

Dr Anuradha Sayal-Bennett ²⁶

Qualifications: BA (Hons), Dip Psch. Psych D, AFBPsS, CPsychol, CSci Consultant Clinical Psychologist. Adheres to Professional guidelines and standards of BPS and HPC.

Approach Used: Integrative including CBT (Maudsley Trained) Systemic Theory (Tavistock Trained).

Special Interest: Eating Disorders, Trauma, Abuse, Work Related Stress, Organisational Work, Self Harming Behaviours, Depression, Anxiety, Womens' Mental Health, Parenting Issues, Couples Work.

Previous Posts: Head of Three Adult Mental Health NHS Psychology Services.

Dr Fiona Seth-Smith ²⁷

Qualifications: BSc (Hons), BA (Hons). Psych D.

Approach Used: Evidence Based assessment & treatment of parents with a range of problems using CBT, Systemic approaches and Family Interventions for Psychosis approaches
Special Interests: Perinatal Mental Health, Psychosis, Families (both individual & families)
Area of Expertise: Art Therapy, Children & Families, Adult Psychotherapy

Mr Andrew J Smith ²⁸

Approach Used: CBT and existential.

Qualifications: MSc Counselling Psychology, BSc (Hons) Psychology and Counselling, PG Dip Psychological Counselling, PGDip HE Chartered Psychologist, Member of the BPS, Registered with the HPC.

Special Interests: Depression, Anxiety, Relationship Issues, Aids and HIV, Suicide, Work-related.

Areas of Expertise: Generic mental health issues, managed return to work programmes

Dr Barbara Stevens ²⁹

Approach Used: Assessment of brain damage and intellectual function: evaluation of personality disorders and neuroses. Cognitive behavioural and supportive psychotherapy for depression and post-traumatic neuroses.

Qualifications: BA (Hons) Psychol, PhD, Dip Clin,

Psych, AFBPsS, C Psychol, Member of the Academy of Expects, Chartered Clinical Psychologist.

Special Interests: Psychological dysfunction following trauma, posttraumatic stress disorder, evaluation of parenting ability.

Areas of Expertise: PTSD, EMDR.

Ms Sarah Zetler ³⁰

Approach Used: Psychodynamic and CBT.

Qualifications: MA (Clinical Psychology).

Special Interests: Sexual Health, Woman's issues, Couples.

Areas of Expertise: Sexual Health, Sexual Dysfunction, Brief Psychotherapy, CBT.

Associate Clinicians:

Miss Linia Patel, Registered Dietitian ³¹

Qualifications: MSc Nutrition, BSc (Hons) Dietetics, BSc Biochemistry & Physiology
Special Interests: Weight Management, Chronic Diseases of Lifestyle, Digestive Health, Eating Disorders, Women's Health, Corporate Wellness, Sport Nutrition, Children's Nutrition.

Approach used: Linia does not take a "one size fits all" approach, but sees everyone as an individual and helps them get the results they want through a variety of methods – the one that suits them the best.

Current NHS post: Specialist Primary Care Dietitian

Mr Victor St. Ange, Physiotherapist ³²

Qualifications: Grad Dip Phys MCSP SRP
Approach Used: Joint and soft tissue manipulation and mobilisation. Acupuncture.
Special Interests: Therapeutic exercise programmes tailored to individual needs.

AREAS OF EXPERTISE & SPECIAL INTERESTS

	Psychiatrists	Psychologists	Other
Abuse	3,4,10,11,12	16,22,25,26	
Addictions	3,10,11,12	17,20,24	
ADHD	6,11,12		
Anger Issues	3,10,11	16,17,26,28	
Anxiety	3,10,11	15,16,17,19,20,21,22,26,28,29 25,30	
Brief Psychotherapy			
Bereavement	3,4,8,10,11,12	16,17,19,20,21,22,25,26	
Bipolar	3,10,11,12	21	
CBT		15,16,17,20,21,24,25,26,27,28,29,30	
Child Abuse	6,7	15,22,27	
Child and Adolescent	6,7,11	15,22,27	
Clinical Depression	1,2,3,4,6,7,8,9,10,11,12	2	
Conflict at Work	3,4,10,11,12	15,16,19,20,21,25,26,28,30 26,29	
Cognitive Assessments			
Depression	2,3,4,8,10,11,12	16,17,19,20,21,22,25,26,28	
Depression & Executive Burnout	3	16,17,19,20,21,25,26,28	
Disability Discrimination	3,11,12		
Drugs and Alcohol	10,11,12	17,20	
Eating Disorder	6	17,19,20,26,30,31	31
Ehording		25,26	
EMDR		17,20,29	
Family Relationships	6,9	16,19,21,22,26,27	
Forensic Psychology			
Forensic Psychiatry	5,11	23	
Genetics	1		
Group Analysis	6,9		
Hypnotherapy		20,22	
IME (Independent Medical Exam)/Second Opinion	2,3,4,6,10,11,12		
Liaison Psychiatry	3		
Life Changing Diseases	3,11,12	15,16,21,26	
Life Coaching		17,19,20,26	
Loss of Meaning		20,25,26,28	
Marital & Family Therapy	10	21,25,26,28,30	
Medico-legal	3,4,6,8,9,10,11,12	18,26	
Mood Disorder	3,4,10,11,12	15,16,17,21,22,24,25,26	
Neuropsychiatry	7,11,12		
Neuropsychology		18,24	
Neuropsychotherapy		18,24	
Occupational Psychiatry/Psychology	3,11,12	20,25,26,28	
OCD	3,4,6,10,11,12	16,17,21	
Parenting/Parental Mental Health	6,7,9	15,21,22	
Pain Management		16,22	13
Perinatal	4	27	
Personality Disorder	3,4,9,10,11,12	15,25,26	
Phobias	2,3,4,5,6,7,8,9,10,11	16,17,21,26,29	
Psycho Pharmacology	12		
Psychogeriatric	1,3,10,11,12		
Psychosomatic Symptoms	3,4,9,10,11,12	16,17,21,26	
Psychotherapy	3,9	15,16,19,20,21,24,25,28	
PTSD	5,8,9,10,11,12	16,17,19,20,21,26,29	
Relationship Issues	3,9	19,21,24,25,26	
Schizophrenia	2,3,4,10,11,12	15,16,21,25	
Serious Mental Health Issues	3,10,11	15,16	
Sexual and Marital Issues	10	21,25,26,28,30	
Sexual Dysfunction	11	25,26,28,30	
Sleep problems	3,11	20,26	
Stress at Work	3,4,10,11,12	15,16,19,20,21,25,26,28,30	
Suicide	2,3,4,10,11,12	21	
Trauma	3,4,5,10,11,12	16,17,18,20,21,26,29	
Transcultural Psychology		15	
Terminal Illness including Cancer	3	21,26	
Work Related Issues (including return to work programme)	3,4,10,11,12	15,16,19,20,21,25,26,28,30	

n.b. This list is not exhaustive, please call for further information.