



PSYCHIATRIC & PSYCHOLOGICAL  
CONSULTANT SERVICES



# WELCOME



Welcome to Psychiatric and Psychological Consultant Services (PPCS).

We are an independent clinic and a registered provider with the Care Quality Commission (CQC) for assessment and treatment in psychiatry, psychology and allied disciplines.

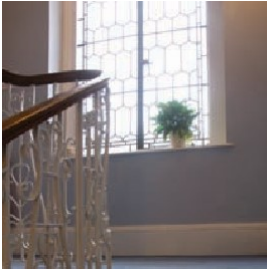
Situated in the heart of Central London's medical district, we operate a consultant-led specialist service to assess and treat adults and young people requiring mental health services. Our range of specialists include consultant psychiatrists, (both general and specialist), clinical and counselling psychologists, neuropsychologists, and other specialist therapists.

## OUR SERVICES



We undertake assessment and treatment of a wide range of issues and difficulties, including:

- Anger Management
- Anxiety, Phobias and Panic Disorders
- Attention Deficit (Hyperactivity) Disorder
- Autistic Spectrum Disorder
- Behavioural Difficulties
- Bereavement and Loss
- Brain Injury and Disease
- Chronic Fatigue
- Depression
- Domestic Violence
- Eating Disorders
- Emotional Disorders
- Family Difficulties
- Intellectual Assessments
- Learning Disabilities
- Medico-legal and Forensic Work
- Obsessive Compulsive Disorders
- Old Age Psychiatry
- Pain Management
- Physical Health and Chronic Pain
- Post Traumatic Stress Disorder
- Psychiatric Illnesses
- Psychological Effects of Physical Illness
- Psychosomatic Illness
- Relationship Difficulties
- Sexual Difficulties
- Sleep Difficulties
- Stress/Occupational Health
- Substance Misuse



All of our services are provided on an outpatient basis unless otherwise specified by our clinicians.

Every effort is made to provide a rapid, efficient response to a referral. This ensures every patient receives care appropriate to his or her needs, and referral to a professional with specific, relevant expertise. Routine treatment approaches may involve:

- Cognitive Behaviour Therapy
- Family Therapy
- Group Psychotherapy
- Individual Psychotherapy
- Integrative Therapy
- Marital and Couple Therapy
- Psychiatric Care
- Psychodynamic Therapy

Psychiatric and Psychological assessments available are:

- Educational and developmental
- Forensic
- Medicolegal
- Neuropsychological examination
- Personal injury
- Second opinions
- Standard psychometric testing

Other investigations include:

- Comprehensive multidisciplinary assessment
- Computerised psychological health screening

Should a patient require an inpatient stay we have links with hospitals to facilitate an admission.

PPCS also offers unique specialised clinics and treatment options including:

- Outcare© – an intensive home based outpatient treatment in psychiatry and substance misuse
- The Arts Clinic© – for creative minds
- The Brain Injury Clinic – for specialist care in brain injury
- The Trauma Clinic – personal injury assessment and treatment
- The Women’s Clinic – by women for women

# CORPORATE SOLUTIONS



Services include pre-employment psychological screening (fit for purpose assessment), Independent Medical Examinations (IME), stress and performance anxiety training, return to work focussed treatment, and liaising with human resources or Chief Medical Officers.

We have supported a wide range of businesses by improving the performance and wellbeing of their staff: these include commercial, not-for-profit organisations and government agencies.

## *Pre-Employment Assessments*

We also offer Computerised Psychological Health Screening and multidisciplinary assessments. These can offer support for employment decisions by providing an insight into a potential employee's personality fit and psychological profile in relation to their proposed role.

The work can be undertaken at different levels of sophistication, using as the base level a highly reliable and well-validated computer-based investigation. This can be taken together with a personal interview by an experienced psychiatrist or clinical psychologist, and results in a detailed report to the client/employer. Any areas of concern can be highlighted and handled appropriately.

This has proven to be a cost effective approach for many employers, both in the short and long term. In many cases, there is the additional benefit of visible due diligence by employers or responsible organisations in relation to known stress factors.

# EXPERT WITNESS TESTIMONY



## *Forensic Assessments*

An assessment to establish whether the person has the capacity (in legal terms) to stand trial. If a person with a mental illness is convicted of an offence, a forensic report may be required to inform the Court's sentencing decision, as a mental illness at the time of the offence may be a mitigating factor. A forensic assessment may also take the form of a risk assessment, to comment on the relationship between the person's mental illness and the risk of further violent offences.

## *Medico-legal Assessments*

A medico-legal psychiatric assessment is required when a psychiatric report is used as evidence in civil litigation; for example in relation to compensation for work-related stress or after a traumatic event such as an accident. The psychiatric assessment may be requested in order to establish a link between the trauma and the victim's psychological condition, or to determine the extent of psychological harm and the amount of compensation to be awarded to the victim.

Medico-legal psychiatric assessments are also utilised in the context of child safety and child protection services. A child psychiatrist's assessment can provide information on the psychological impact of abuse or neglect on a child.

A child psychiatrist can carry out an assessment of parenting capacity, taking into consideration the mental state of both the child and the parents, and this may be used by child protective services to decide whether a child should be placed in an alternative care arrangement (such as foster care).

## *Psychology Experts*

Similarly, specialist clinical and neuropsychologists can prepare expert witness reports and testimony in appropriate cases, typically forensic issues and brain injury.

## OUR QUALITY STANDARDS



*In accordance with HSCA 2008, PPCS is regulated essential standards (in the guidance for compliance published by Department of Health, 2008) and is inspected by the Care Quality Commission.*

The CQC requires PPCS continually to assess each of our practice areas, including

Statement of Purpose, policies and procedures, clinical standards and healthcare outcomes, and to measure them against nationally agreed guidelines to maintain our accreditation.

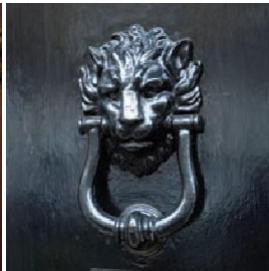
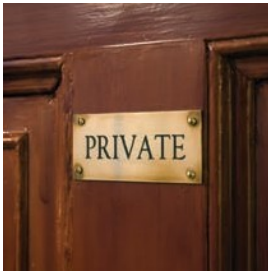
All of our clinicians are registered and accredited with their appropriate professional bodies and this is monitored by PPCS's Clinical Advisory Board.

Professional Bodies include:

- Psychiatrists are registered with the GMC (General Medical Council) and listed on the Specialist Register.
- All Psychologists are registered with the HCPC (Health and Care Professions Council) and chartered with the BPS (British Psychological Society).
- All Counsellors are registered with the BACP (British Association for Counselling and Psychotherapy).

The Clinical Advisory Board (CAB) at PPCS has been constituted with representation from all the professional disciplines involved at the Clinic. It has been empowered to ensure that clinical standards are measured, reviewed and maintained.

*For more information, visit [www.cqc.org.uk](http://www.cqc.org.uk)*



*Patient Satisfaction (Comment and Complaints)*

We value feedback from patients and continually monitor our own performance; listening to the views of those using our services. As part of our CQC requirements we have a detailed complaints procedure and leaflets which explain the process can be found throughout the Clinic.

*Confidentiality*

All our data and medical records are treated as confidential. We fully comply with both data protection legislation and with medical confidentiality guidelines.

Copies of this policy are available on request.



*General Enquiries*

For further information or assistance  
please contact us:

PPCS

85 Great Portland Street

London W1W 7LT

T 020 7935 0640

Email: [reception@ppcsLtd.co.uk](mailto:reception@ppcsLtd.co.uk)

Web: [www.ppcsltd.co.uk](http://www.ppcsltd.co.uk)

Referrals are accepted from a variety of sources, including General Practitioners, Physicians, Psychiatrists, Solicitors, Occupational Health and Human Resources departments, or by self-referral. Referrals may also be made directly to PPCS by Consultant Psychiatrists wishing to maintain ongoing responsibility for their patient(s), or alternatively, if required, to one of the Consultant Psychiatrists at PPCS via the Medical Director.

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